

(Mon)	(Tue)	(Wed)	(Thu)	(Fri)	(Sat)	(Sun)	3rd(Thu)	4th(Fri)
	9:45 Walking In the Water			10:00 Walking In the Water				
10:30 Aqua Dance	10:15			10:30		10:30 Crawl Stroke Beginner		
11:00	10:30 Crawl Stroke Beginner	10:30 Walking In the Water		10:30		11:00		
11:10 Butterfly Stroke Beginner	11:00	11:00	Personal Lesson 11:15~11:45 11:45~12:15 12:15~12:45	11:00 Aqua Dance		11:10 Crawl Stroke Pre-Intermediate		
11:40	Personal Lesson 11:15~11:45 11:45~12:15 12:15~12:45	Personal Lesson 11:15~11:45 11:45~12:15	12:50 Skill Improvement	12:20 Crawl Stroke	12:20 Back Stroke Beginner	11:40 Personal Lesson 12:00~12:30	12:30 START in the Water	12:00 Crawl Stroke Beginner
			13:20	12:50 Personal Lesson 13:00~13:30 13:30~14:00	12:50 Back Stroke Beginner		13:00	12:30 Crawl Stroke Beginner
		14:00 Breast Stroke	13:30 Back Stroke Beginner	14:10	13:00 Aqua Dance	13:30 Breast Stroke Beginner	13:10 Individual medley	12:45 Long Swim
		14:30	14:00	14:10 Butterfly Stroke Beginner	13:45	14:00	13:40	
	14:30 Long Swim	14:40 Crawl Stroke Beginner		14:40		14:10 Skill Improvement		
15:00 Shape Up Walking	15:00	15:10		15:00		14:40		
15:30	15:15 Shape Up	15:20 Crawl Stroke Pre-Intermediate	15:30 How to Hydro	15:30 Aqua Dance		14:50 Breast Stroke Pre-Intermediate		
15:40 Crawl Stroke Beginner	15:45	15:50	15:45	15:40 Point Shape		15:20	15:20	
16:10	15:50 Aqua Dance		15:50 Hydro Aqua	15:55	16:10 Aqua Dance		15:50 Hydro Aqua	
16:20 Breast Stroke Beginner	16:20		16:20 Personal Lesson 16:30~17:00 17:00~17:30		16:40	16:00	16:00	
16:50					16:50 Crawl Stroke Beginner	17:00 Triathlon Challenge	16:30 Aqua Dance	
					17:20			
		18:50 Walking In the Water	Personal Lesson 18:00~18:30 18:30~19:00			17:10 Hydro Aqua		
Personal Lesson 18:30~19:00 19:00~19:30		19:10		19:15		17:40		
19:40		19:20 Aqua Dance	19:20 Crawl Stroke Pre-Intermediate	19:45 Skill Improvement		17:50 Aqua Dance		
20:10 Back Stroke Pre-Intermediate		19:50	19:50			18:20		
20:20		20:00 Butterfly Stroke	20:00 Breast Stroke Beginner	Personal Lesson 20:00~20:30 20:30~21:00 21:00~21:30 21:30~22:00				
20:50 Long Swim	20:30	20:30	20:30					
	20:30 Crawl Stroke	Personal Lesson 20:40~21:10	20:40 Crawl Stroke Beginner					
	21:00		21:10					

We will be closed on the 5(Sat) , 22(Tue)

(Mon)	(Tue)	(Wed)	(Thu)	(Fri)	(Sat)	(Sun)	30(Mon)
	9:45			10:00			
10:30	Walking In the Water			Walking In the Water		10:30	
Aqua Dance	10:15			10:30		Crawl Stroke Beginner	
11:00	10:30	10:30		10:30		11:00	
11:10	Crawl Stroke Beginner	Walking In the Water	Personal Lesson	Aqua Dance		11:10	
Butterfly Stroke Beginner	11:00	11:00	11:15~11:45	11:00		Crawl Stroke Pre-Intermediate	
11:40	Personal Lesson	Personal Lesson	11:45~12:15				
	11:15~11:45	11:15~11:45	12:15~12:45			11:40	
	11:45~12:15	11:45~12:15	12:50	12:20	12:20		
	12:15~12:45		Skill Improvement	Crawl Stroke	Back Stroke Beginner		
			13:20	12:50	12:50	13:30	14:00
		14:00	13:30	Personal Lesson	13:00	Breast Stroke Beginner	Crawl Stroke Beginner
		Breast Stroke	Back Stroke Beginner	13:00~13:30	Aqua Dance	14:00	14:30
		14:30	14:00	13:30~14:00		14:10	14:40
	14:30	14:40		14:10	13:45	Skill Improvement	Breast Stroke Beginner
	Long Swim	Crawl Stroke Beginner		Butterfly Stroke Beginner		14:40	15:10
15:00	15:00	15:10		14:40		14:50	
Shape Up Walking	15:15	15:20	15:30	15:00		Breast Stroke Pre-Intermediate	
15:30	Shape Up	Crawl Stroke Pre-Intermediate	How to Hydro	Aqua Dance		15:20	
15:40	15:45	15:50	15:45	15:30			
Crawl Stroke Beginner	15:50		15:50	15:40	16:10		14:00
16:10	Aqua Dance		Hydro Aqua	Point Shape	Aqua Dance		Crawl Stroke Pre-Intermediate
16:20	16:20		16:20	15:55		16:00	14:30
Breast Stroke Beginner			Personal Lesson		16:40	Triathlon Challenge	14:40
16:50			16:30~17:00		16:50		Breast Stroke Pre-Intermediate
			17:00~17:30		Crawl Stroke Beginner		15:10
		18:50	Personal Lesson		17:20	17:00	
		Walking In the Water	18:00~18:30			17:10	
Personal Lesson		19:10	18:30~19:00			Hydro Aqua	
18:30~19:00		19:20		19:15		17:40	
19:00~19:30		Aqua Dance		Skill Improvement		17:50	
19:40		19:50		19:45		Aqua Dance	
Back Stroke Pre-Intermediate		20:00				18:20	
20:10		Butterfly Stroke		Personal Lesson			
20:20		20:00		20:00~20:30			
Long Swim	20:30	20:30		20:30~21:00			
20:50	Crawl Stroke	Personal Lesson	20:40	21:00~21:30			
	21:00	20:40~21:10	Crawl Stroke Beginner	21:30~22:00			
			21:10				

We will be closed on the 5(Thu) , 22(Sun)